

ReginaSpices

Super Simple Lamb Kabobs!

Ingredients:

- 1 ½ lb of Lamb meat, cut in chunks
- 1 ½ Tbl Mediterranean Seasoning
- ¼ - ½ cup Extra Virgin Olive oil
- 1 or 2 Lemons Juiced
- Onions cut in chunks
- Green Peppers cut in chunks
- Cherry Tomatoes
- Other vegetables you might like
- Skewers

Place lambs chunks in a bowl coat with the olive oil, add Mediterranean Seasoning and lemon juice. Let rest for at least one hour.

Thread lamb and vegetables (alternately) on the skewer.

Grill or broil them over medium heat for about 10 -15 minutes (medium), be sure to turn them a couple of times.