

ReginaSpices

Gourmet Shiitake Mushroom Burgers: Doctoring a hamburger is one of the easiest ways to make a fast, post-work, I'm too tired to cook, absolutely delicious meal!

Ingredients:

- 1 lb Ground Beef (preferably grass fed)
- 2 TBL Shiitake Steak Rub
- 2-3 good shakes of Worcestershire Sauce

In a bowl combine all the ingredients. Let the mixture rest until the mushrooms look rehydrated (10-15mins).

Cook the burger as you normally do—remember, for best results don't have the heat too high and only turn them once, this will help you gauge the "doneness" of the burger.